



Introducing the Keeping the Circle Whole Needs Assessment

A three-year planning grant seeking to support the mental health of our community's youth

FACT SHEET

“This community has a heart for helping.”

— Community member

Where the information came from:

- 9 stakeholder-facilitated work sessions: community, administrators and service provider groups
- 4 steering committee work sessions: key health and community advisors
- 20 key informant interviews
- 11 focus groups
- 700+ surveys from youth and adult community members
- 53 administrator and provider surveys; 13 crisis intervention education specialist surveys

Community collaborative definition of Severe Emotional Behavior Disorder

Children and youth requiring assistance to fulfill their spiritual, emotional, physical and mental potential by building on the strengths of the individual, family and their community.

Concerns for youth in the community

- Teenage drinking (66% youth, 61% adults)
- Dropping out of school (63% youth, 53% adults)
- Peer pressure (62% youth, 50% adults)
- Racial prejudice (62% youth, 46% adults)

Support requested from community youth

- Schoolwork (39%)
- Getting into college (31%)
- Deciding what to do after high school (31%)
- Dealing with anger (27%)
- Depression (23%)



How parents want help:

- Affordable services (29%)
- Need to know where to go for help (27%)
- Culturally based services (16%)
- Transportation to services (14%)

The community wants a center that offers chances to connect with culture, with each other and that assists with health and fitness.

- Intergenerational socializing
- Youth groups
- Sports leagues
- Support groups
- Mentoring
- Educational programming
- Health clinic

What would help families access mental health services:

- Feeling welcome, private and safe from judgment
- Community education about mental health and how to recognize troublesome symptoms
- Transportation to services
- A choice of traditional and Western services
- A helpful case manager to show families where to go and continue with them through the process
- School-based programming from preschool through high school
- Services for the entire family

What providers say:

- 75% are very interested in serving the Indian community
- 33% want training in cultural competency
- 33% want help knowing where to send patients when they cannot offer help

“The vast majority wants to do better and the best for their kids and have a level of security. We need to create a community where that spark is honored regularly and fostered.”

